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Schedule of the Workshop

1. Introduction of the theme 10 – 15'

2. Exercise: 40' – 45'

- Entering into the process, list of the groups
- Selecting one of the groups and focusing
- Stepping stones, metaphors and dialogue
- Reading and taking notes after reflection

3. Conversation about the experience of the exercise 50'

Some questions for conversation starting from the experience of this exercise:

- How would you express the experience of this exercise: feelings, thoughts, new insights, metaphors...
- How do you understand the relation person – society?
- How much does social environment define a human person?
- How much do social changes foster changes of self-consciousness, self-perception?
- Active citizenship depends on inner motivation. Where is it possible to find the ground of such motivation? Considering your own experience do you discover a link between your values, desires, goals and society's needs?
- What did you learn about yourself?

4. Evaluation and conclusion 10'

Potek delavnice

1. Predstavitev teme in uvod v delavnico 10 - 15'
2. Vaja: Pogovor z družbo 40' – 15'
 - vstopna meditacija,
 - seznam skupin, izbor ene skupine in fokus,
 - stopni kamni, metafore in dialog,
 - branje in odmev.
3. Pogovor ob izkušnji 50'
 - Kako bi izrazili svojo izkušnjo te vaje: čustva, misli, uvidi, prispodobe...
 - Kako vi razumete odnos med osebo in družbo?
 - Koliko družbene spremembe spodbujajo spremembe zavedanja samega sebe, zaznavanja sebe?
 - Aktivno državljanstvo je odvisno od notranje motivacije. Kje naj iščemo temelj te motivacije? Lahko najdete povezavo med osebnimi vrednotami, željami in cilji ter družbenimi potrebami?
 - Kaj ste se v tej vaji naučili o sebi?
4. Ovrednotenje in zaključek 10'